

OSHA Standard Precautions for Your Caregivers

What are Standard Precautions?

Standard Precautions are basic infection control guidelines for your caregivers to follow as they perform their daily work. These guidelines help prevent the spread of blood borne diseases and infections.

Why should I worry about this?

As an employer, you must adhere to OSHA (Occupational Safety and Health Administration) guidelines to protect your caregivers. Also, you want to keep yourself and your caregivers free from communicable disease.



What do I need to do?

- Let your caregivers know you expect them to follow these guidelines.
- Remind them to wash their hands, supplying soap and clean towels or paper towels.
- Supply and require them to wear gloves when they are in contact with body fluids (i.e., feces, urine, mucous membranes, blood, saliva, etc.)
- If your physician requires that your caregivers wear gowns and masks, you must supply these items.
- Supply sharps containers for needle disposal if your caregivers assist you with injections.
- Review this information with your caregivers upon hire, annually and when needed.

Where can I get more information?

Get more information on OSHA guidelines and disease prevention from the following websites or your local County Health Department:

- www.osha.gov
- www.cdc.gov